



# BUILDING STRONG FAMILIES 5K RUN/WALK & 10K RUN

Saturday, September 28, 2013

Citizen's Lodge Park

4577 Lodge Drive, Marianna FL

8:00 am CST

**5k: \$25.00—Advanced Registration \$30.00 —Day of Race Registration\***

**10k: \$30.00—Advanced Registration \$35.00—Day of Race Registration\***

**1 mile Fun Run—Free —12 years old and under.**

Awards Categories: Male and Female Overall (1st)

Male and Female Age Group (1st, 2nd, 3rd)

Age Groups: (Up to 14)(15-19) (20-24) (25-29) (30-34) (35-39) (40-44) (45-49) (50-54) (55-59) (60-64) (65-69) (70- up)

**Packet pick-up begins at 7:00am CST at the park on the day of the race.**

Advanced registration deadline September 18, 2013

\*No guarantee of t-shirt if not registered in advanced

You can register by completing the form below and mail  
with check payable to Tri-County Home Builders Association,  
P.O Box 420, Marianna, FL 32447

For additional information: Tammy Dean, 850-209-0397 or Kathy Donofro, 850-557-3660

Print Name Clearly: \_\_\_\_\_

Print Email address clearly: \_\_\_\_\_

Phone: \_\_\_\_\_ M / F (circle) Age: \_\_\_\_\_ T-Shirt: S / M / L / XL / XXL

Address: \_\_\_\_\_ City: \_\_\_\_\_ ST: \_\_\_\_\_ Zip: \_\_\_\_\_

\*Circle **one** only:            5k    10k

I am in good physical condition and have thoroughly trained for this event. In case of any accident or injury that may occur to me due to my participation in this event, I release the Jackson County Sheriff's department, Jackson County Commissioners, and all sponsors and volunteers associated with the Building Strong Families event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

All proceeds from event goes toward providing a safe, healthy and positive environment for children and families in our communities.

